

Mission in Motion

ParticipACTION Community Better Challenge

May 31 – June 16

Help us win the title of “Most Active Community in Canada” and **\$150,000** for physical activity initiatives!

- The more organizations, individuals and families that register in our community, the better our chances of winning the National or Regional prizes.

Parents! Please register your family on the ParticipACTION Website!

How Do I Track Active Minutes?

- **The App:** By downloading the ParticipACTION app you can track your personal minutes.
- **The Website:** In order to track your child’s active minutes you must register your family on the ParticipACTION website. You can also track your own minutes on the website too-just don’t double dip!
- Enter all your active minutes during the Community Challenge from **May 31st to June 16th**.

How Do I Sign Up My Family?

1. Go to the ParticipACTION Community Better Challenge Website
<https://community.participaction.com/>
2. Click Sign Up Now

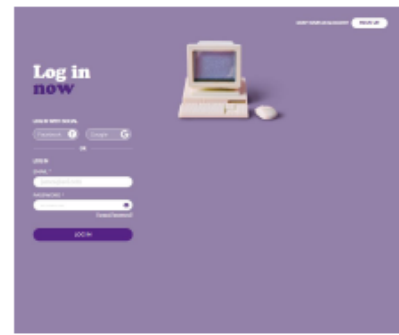




Sign-Up



Confirm



Log-in

3. Click Track Personal Minutes



4. Complete your profile

5. May 31st is the first day to start tracking activities